

Helpful Information

An IRCU nurse will call you 1 – 3 days prior to your procedure to remind you of the following:

1. Free interpretive services are provided upon request and are highly recommended if English is not your primary language. Please let your doctor or the IRCU nurse know several days in advance of your procedure if you would like interpretive services.
2. Please bring a complete medication list, along with the doses you take. We will need to know the time of your last dose of each medication.
3. Please alert us to any allergies. If you are allergic to x-ray dye or contrast, you may need an allergy treatment prior to your procedure.
4. Please follow your doctor's directions about stopping medications, food and drink prior to your procedure.
5. You are welcome to use the free valet parking services at the hospital's main entrance.
6. Please check in at Main Admitting, near the hospital's main entrance, just beyond the Information Desk.
7. Most procedures require that you arrange a ride home. If you are receiving sedation, we require you ride home with a responsible adult who you know, not a taxi or shuttle service.

For More Information

For more information about Interventional Radiology Care Unit, visit valleymed.org or call 425.228.3440 ext 5728.

Interventional Radiology Care Unit

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Interventional Radiology Care Unit (IRCU)
400 S 43rd Street, Level 2
Renton, WA 98055
425.228.3440 ext 5728
valleymed.org



Interventional Radiology Care Unit



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About IRCU

The Interventional Radiology Care Unit (IRCU) is a specialized, 14-bed unit that prepares, assesses, educates and cares for patients undergoing diagnostic and interventional procedures in VMC's Radiology Department.

The IRCU nurses are ACLS certified and specially trained to care for each patient throughout their entire procedure in the Radiology Department. A Board Certified physician, Advanced Registered Nurse Practitioner or Radiologic Technician will perform your procedure. Based on your procedure, a technologist and/or nurse may also be present to assist. The expert staff also conducts select procedures requiring conscious sedation and/or direct observation.

The IRCU is open Monday through Friday from 6:30 AM – 11:30 P.M.

What to Expect During Your Visit to the IRCU

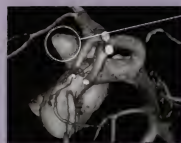
After checking into Main Admitting on the hospital's Level 3, a volunteer will escort you to the IRCU on Level 2. In preparation for your procedure, IRCU staff will:

- Have you change into a patient gown in most cases
- Take your baseline vital signs and weigh you
- Review your medical history
- Perform an assessment
- Start an IV
- Perform blood tests
- Educate you about your procedure, recovery and discharge



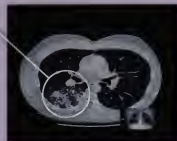
After Your Procedure

- After your procedure, you will return to the IRCU for recovery.
- Your recovery phase may last several hours.
- Family and friends are welcome to wait in the IRCU waiting room.



An image of a cerebral angiogram: an aneurysm can be seen within the vessels.

This CT scan of the lung shows infiltrates (abnormal substances) which can be interpreted by a radiologist.



In this leg angiogram, a blockage can be detected. Blockages decrease blood supply to the leg.



A 3D color coronary CT angiogram ▶